



Report on

**HEALTH CAMP (15-09-2022) in collaboration with NSS**

**Date:** 15-09-2022, Thursday

**Venue:** Community center of village Ghamroj, Sohna road, Gurugram

**Event Type:** Health Camp

**Mode of Activity:** Extension activity

**Target Group:** Villagers of Ghamroj

**Resource Person:** Dr. Deepti, Dr. Rajesh Jangra, Dr. Anil Sharma, Dr. Nitin Kumar

**Coordinators:** Mr. Sunil Kumar, Dr. Sucheta, Ms. Renu, Mr. Prashant, Dr. Charu

**Organized by:** Health club society (SMAS)

**Number of Participants (Attach Attendance as Annexure) :** 60 (42 villagers , 8 NSS and 10 SMAS)

**Introduction**

K. R. Mangalam University organised a health camp in collaboration with Medox Hospital, Sohna Road, Gurugram and NSS, KRMU. The camp was organized at community center of village **Ghamroj, Sohna road, Gurugram**. It was organised to promote public health by making new health intervention available.

**Objectives**

- To provide appropriate health check-ups including dental check-ups, which are quite important for people.
- To raise health awareness among the community and teach them to deal with communicable and non-communicable.
- To help community for early diagnosis of diseases or illnesses and management/treatment of the diseases.
- To screen the patients in each and every village of ghamroj at their door step to give health related awareness and distribute medicines to treat various diseases.

**Content**

A team of doctors and professionals were present to conduct the blood tests and health check-ups. The

  
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camp was well organized and divided into the different sections for the ease of the patients. General Health checkup and dental checkup was started at 11.00 AM.

All adults' patients were screened for hypertension by Dr. Rajesh Jangra. Patients with altered findings and poor adherence to the old treatment were advised to higher centers by Dr. Nitin Kumar for further need.

Dental problems were assessed and treatment advised by the dentist Dr. Anil Sharma.

Dr. Charu Chhabra gave suggestion for reducing their joint pain, back pain via using some particular exercise. She also given some suggestion for improved their health & life style. During the health camp, a range of services like routine medical check-up, haemoglobin test, sugar test, blood pressure check-up, medicine distribution were provided under the curative services. Dr. Sucheta and Mrs Renu advised the people to drink green grass juice every day to increase their hemoglobin level.

The camp was organized in association with medox hospital, sohna. A free medical check-up was given to all.

### **Activity Outcome**

The following outcome was observed

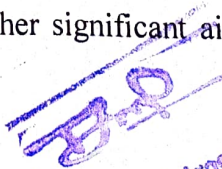
- Provide free and high-quality medical services and full body complete medical checkup for the population.
- To provide information regarding diet, exercise and weight control.
- Early diagnosis of problems arising due to unhealthy eating habits and irregular time schedules wherein the doctors present were then advised on precautions and solutions.
- There was a greater patient satisfaction.

### **Conclusion**

In terms of the number of patients who attended, the proportion of recommended patients who visited the hospital, and patient satisfaction, the health camps was successful. The camp was more effective in terms of the number of patients attending, percentage of referred patients visiting the hospital, and patient satisfaction. This collaboration benefits the rural population in terms of health outcomes.

### **Further Scope**

The health results of the broader public gain from this partnership. Additionally, research might be conducted in other regions of the country concerning other significant ailments, as this partnership, if

  
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effective on a nationwide scale, has the potential to enhance the nation's health index.

The success of the health camp exceeded all expectations, No longer are individuals required to travel to the hospital for checkups. As a result of these free health camps, with the KRMU Medox Hospitals is now able to reach people at a moment's notice to conduct valuable checks without the concerned about distance or cost. Let's hope that we see many more health camps in years to provide awareness and management of the diseases to the community.


### Glimpses of Health Camp



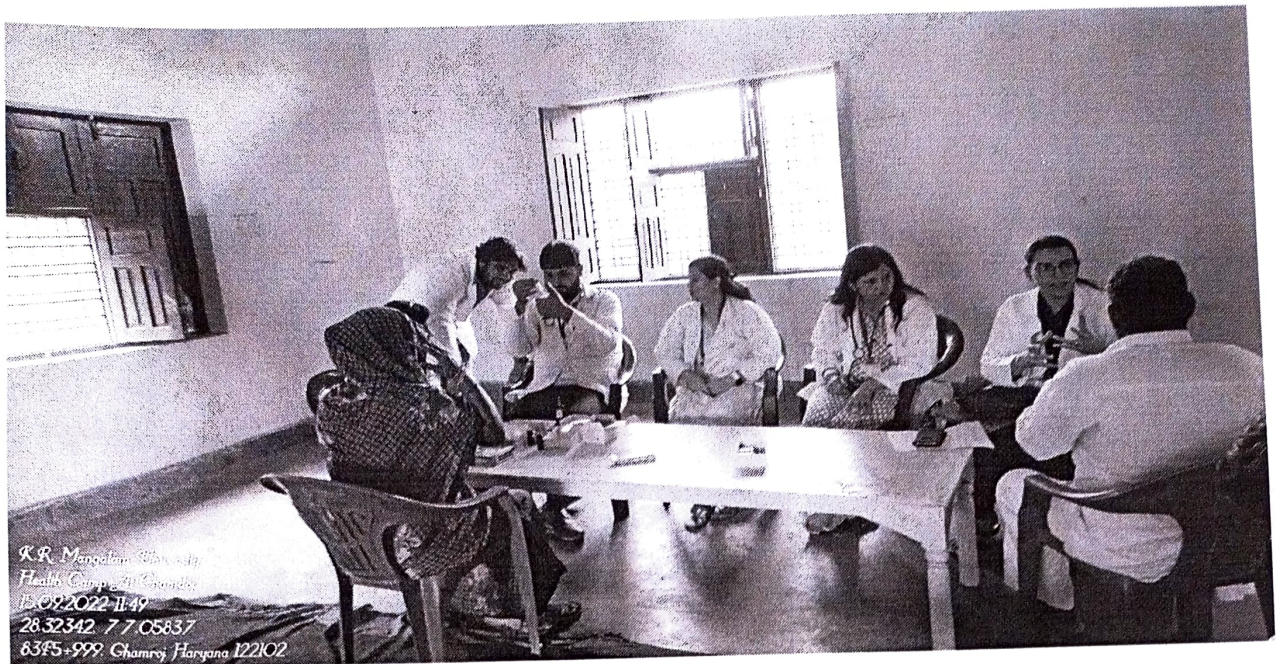
**Photo 1: Students are filling villagers general details.**



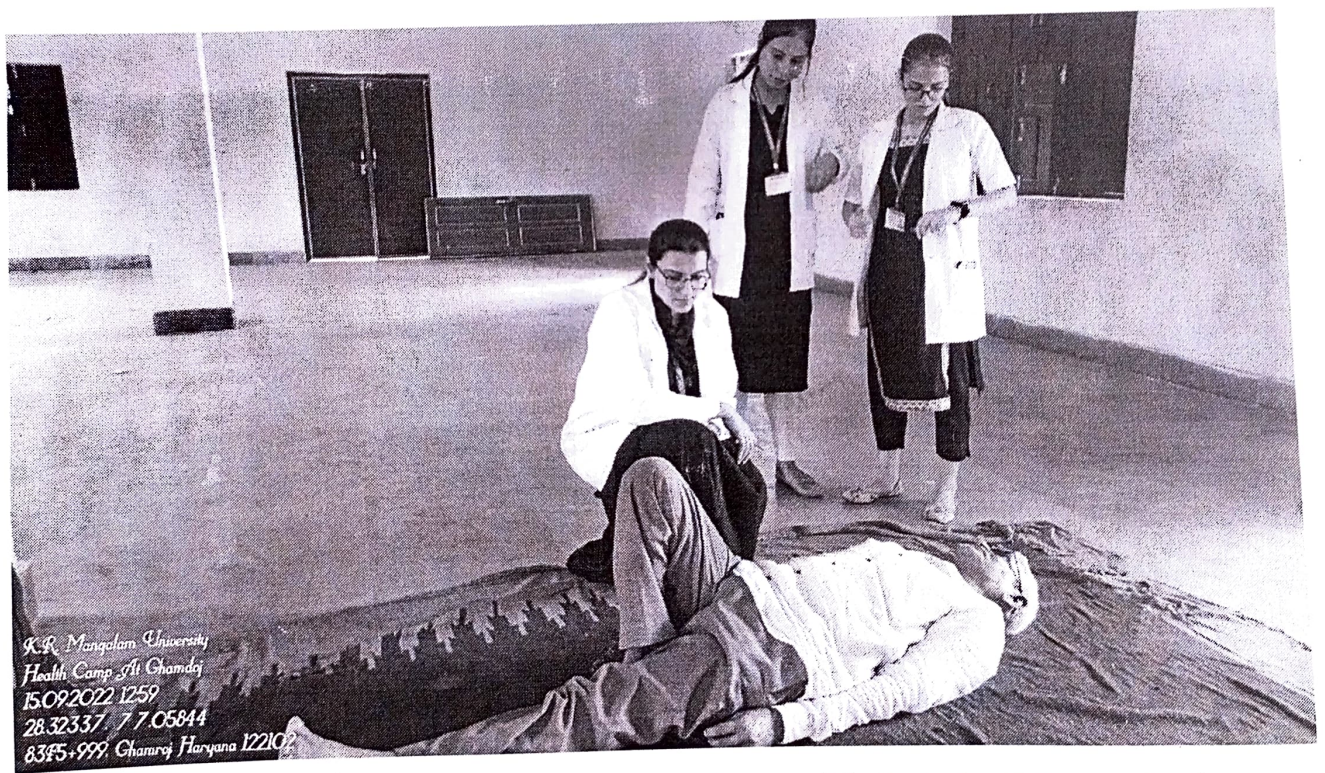
**Photo 2: Mr. Prashant Sharma (faculty SMAS) Check the hemoglobin value of villagers.**

  
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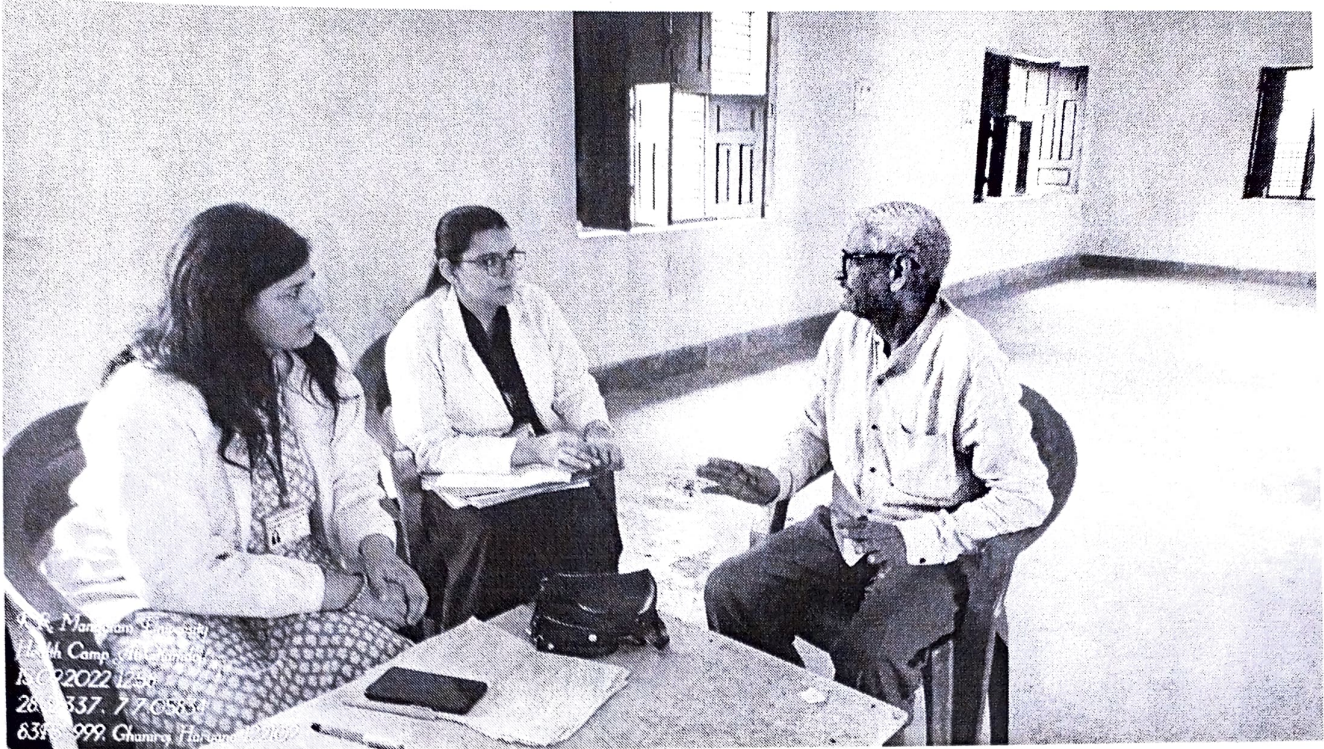
**Photo 3: Dr. Charu explain the important of yoga & health diet**



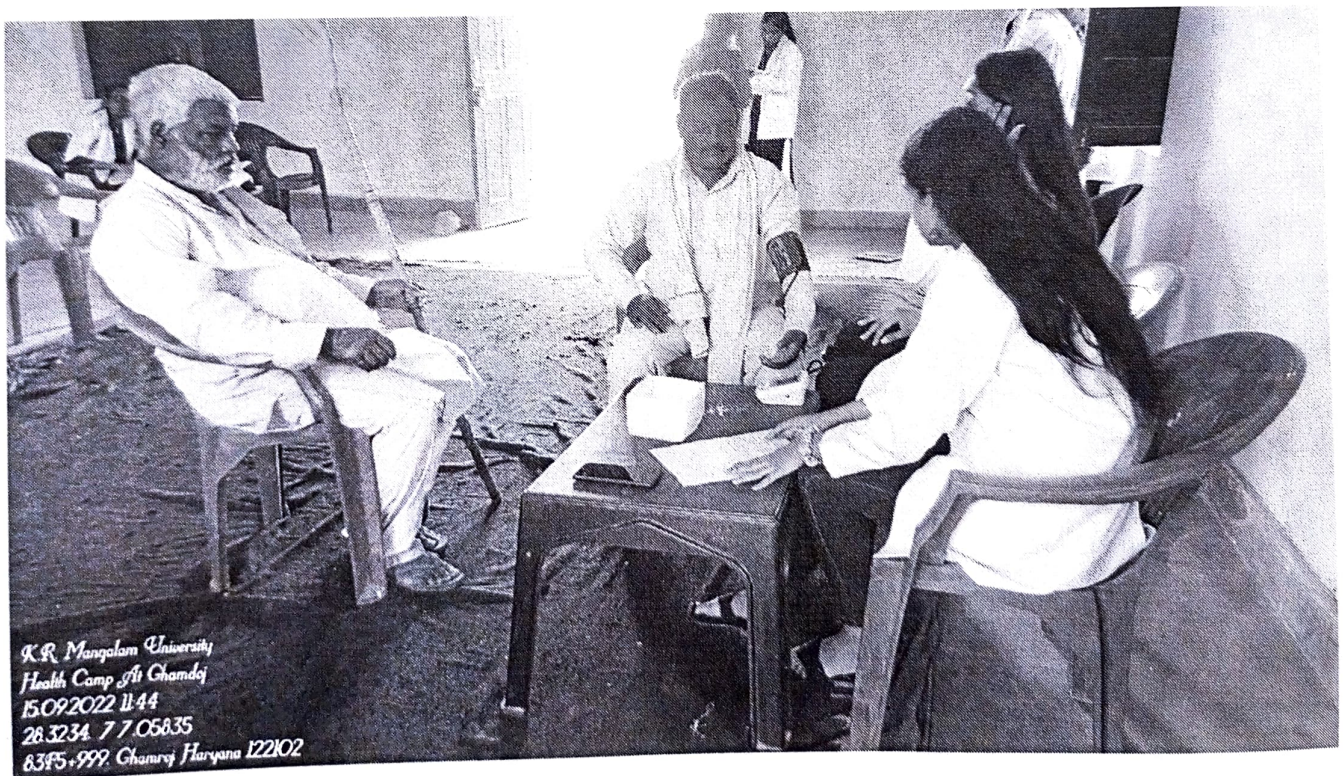
**Photo 4: Dr. Charu explain the important of yoga with the help of demonstration.**

  
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**Photo 5: Dr. Sucheta & Dr. Charu explain the importance of wheatgrass water to the villagers.**



**Photo 6: Trained students are checked the blood pressure during the health camp.**

*[Signature]*  
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**Surat, Gurugram (Haryana)**



Report prepared by	Ms. Renu Yadav, Dr. Sucheta, Mr. Sunil kumar
Report verified by Event Coordinator	Ms.Neha Minocha 
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	

  
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School of medical & allied Science  
ATTENDANCE SHEET

Name of Activity Health Camp at Ghanmoy

Date 26/3/22

Venue: Community Centre, Ghanmoy

S. No	Name of Student	Village	Sign
1	Sanjeev	Abhaypur	Sanjeev
2	Suresh	"	<u>Suresh</u>
3	Deepika	"	Deepika
4	किरोन	"	किरोन
5	Juhi	"	Juhi
6	दा	"	दा
7	Akhila	"	Akhila
8	अनोक	"	अनोक
9	Tanva	"	Tanva
10.	Mamta	"	Mamta
11.	अनोक	"	अनोक
12.	अनोक	"	अनोक
13.	Amulya	"	Amulya
14.	Devraj	"	Devraj
15.	अनोक	"	अनोक
16.	Shamti	"	Shamti



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## Attendance Sheet

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**List of Participants with attendance:**

**Health Camp**

**Date** 15/09/22

**Venue:** Ghamsraj,  
Sohna Road

Sr. No.	Roll Number	Student Name	Program Name	Program Code	Signature
1.	2004121033	RAJAT CHOUDHARY			Rajat
2.	1904120034	Swati			Swati
3.	1904120024	Ambika			Ambika
4.	1904120026	Monika			Monika
5.	1904120002	Kumar Nishant			Nishant
6.	1904120055	HIMANI			Himani
7.	1904120059	Ritik			Ritik
8.	1904120035	Rohit			Rohit
9.	1904120033	Sachin			Sachin
10.	1904120019	Ravi			Ravi
11.	1904120010	Tannu Goyal			Tannu
12.	1904120017	Sonu Kumar			Sonu
13.	1904120003	Tarun Yadav			Tarun
14.	1904120031	Aarushi			Aarushi
15.	1904120047	Ritika			Ritika
16.	2004121078	Himanshu			Himanshu
17.	1904120061	Rohel Thakor			Rohel Thakor
18.	1904120046	DR Dheeraj			Dheeraj
19.	1904120044	Zeenat			Zeenat Ahmed
20.	1904120011	Shivani			Shivani
21.	1904120037	Sanjana			Sanjana

**Verified by:** RENU  
**Signature:** Renu  
**Date:** 15/9/22

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**Sohna Road, Gurugram (Haryana)**



**List of Participants with attendance:**

## Health Camp

Date 18/9/22

Venue: Ghanroj,  
Sehna Road

[illegible]

Verified by: Renu Yadav

Signature: Ken

Date: 15/9/22



Date \_\_\_\_\_

**Venue:**

[illegible]

**Verified by:**

**Signature:**

Date: